

THE PARK MEDICAL GROUP

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Dear Patient,

Thank you for making an appointment for your yearly examination with The Park Medical Group. We enthusiastically support your decision and hope it will help to keep you healthy for a long time. In order to make the most of your time, we have some suggestions:

First review your insurance coverage before you come. We know that insurance is NOT the most important part of your exam, but it causes the most confusion. Most insurance policies now cover an annual preventative care visit without a co-pay. Since you have booked an annual preventative visit, this is how we will bill your insurance company. Additional services performed at the time of your exam may be subject to the co-pay, such as an electrocardiogram. Please speak to your doctor if there are any questions about this.

Second, it is helpful to both patient and doctor to have your blood tests done prior to the visit. It is best to allow 5-7 days for the results. If you have labs done prior to the exam, we can explain them to you and make recommendations and answer questions in person.

Third, if you have records that we do not have, please bring them with you. Immunization records for young people are especially important.

Fourth, bring your questions! The best visits will address all of your concerns. A list of questions will help us both to cover everything.

Fifth, bring an up-to-date list of your medications and supplements (better yet, bring the actual bottles with you!).

Sixth, make sure we have "touched all the bases". Are you current with colonoscopy, mammogram, pap smear, PSA, pneumonia vaccine, tetanus, etc.?

Lastly, attached is a registration form which now must be completed each year. If you have completed one for this year already, please disregard it. If not, please complete and bring it in with you to the appointment.

Thank you again for allowing us to participate in your healthcare. "We Care About Your Health" (We really do!)

Sincerely,

The doctors, nurse practitioners and staff of The Park Medical Group